

Edwinstree Middle School

UKTSDF Tang Soo Do After school club



The name “Tang Soo Do” in Korean means “The way of the empty hand”. Tang Soo Do is taught in a non-contact environment, thus reducing the risk of injury whilst learning. Training includes the teaching of self defence techniques, hand and foot techniques, controlled sparring, free fighting, and pattern forms. Emphasis is given to accuracy, speed and power.

Classes are suitable for all year groups. Classes are taught on Monday afternoons immediately after school and last approximately 1 hour 15 minutes. The classes follow a structured teaching and grading program leading to Black Belt qualification.

Participants can train in ordinary loose clothing for the first few lessons but will require a training uniform and UK Tang Soo Do Federation membership.

Class start time 3.30 pm

Venue: Edwinstree Middle School, Norfolk Road, Buntingford, Herts, SG9 9AW

Training fee: rate £60 per term. For balance of Summer term 2018 £30

The course fee is payable at time of booking, Cheques payable to “Tang Soo Do”

To take part please return the bottom part of the form to the school, together with payment.

I consent for my child Date of Birth.....Form
to participate in the Tang Soo Do After School Club course at Edwinstree Middle School.

Address..... Post code

Telephone numbers (emergency contact phone number/s).....

Signed Parent / Guardian Date.....

Further information please contact instructor Master Stavrou on 0800 7710078 or 0750 7726642

Return to: School

Tang Soo Do After School Club, Edwinstree Middle School, Norfolk Road, Buntingford, Hertfordshire, SG9 9AW

Places are limited and are available on a first come first served basis. Book early to avoid disappointment.