

# UNDERSTANDING YOUR CHILD ON THE AUTISTIC SPECTRUM



**Tuesdays**  
**7th, 14th, and 21st May**  
**4th, 11th and 18th June 2019**  
**9.30 - 11.30am**

A free 6 week course for parents and carers of children aged 2-19 years with suspected or diagnosed Autistic Spectrum Disorder.

We will help you to:

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict without giving in.
- Manage emotional reactions.
- Learn how to encourage and support your child.
- Manage the different needs within your family.
- Explore sensory issues.

"This helped me understand my son more, made him feel understood and given me so many tools."

## **SELE FARM COMMUNITY CENTRE**

**25 Perrett Gardens  
Hertford SG14 2LW**

A limited number of childcare places for the under 5's are available to enable you to attend this course, and must be booked in advance.

**Pre-booking essential**

**Contact Supporting Links**

**QUOTING REFERENCE SL314 on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**



This course is provided free to parents by Hertfordshire County Council

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