 **Threshold Concepts and Subject Progression**

**Technology**

**Year: 5 Unit Name: The Wonderful World of Food**

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| **What do I need to know from previous learning?** |
| Adjectives used to describe sensory analysis.Read and follow simple instructions.Have a basic understanding of personal hygiene.Have a simple knowledge of how to maintain a healthy lifestyle.Understand/be able to weigh and measure.Tell the time using an anolgue clock.The location of continents and some countries of the world.Draw basic shapes/design ideas and label the main features. |
| **What do I need to learn? What do I need to remember?** |
| * Understand the importance of and be able to use the Eatwell Guide
* How to use a safe a knife safely
* Use basic kitchen equipment
* Use the oven safely (grill, hob oven)
* Prepare a range of fresh ingredients
* Weigh and measure ingredients
* Create a dish that considers the Eatwell guide and identifies nutritional value
* How to use sensory analysis to explore combination foods
* Be able to follow food hygiene rules: how to wash up, dry and store equipment, safe storage of ingredients before cooking and after, personal hygiene and classroom health and safety.
* Be able to adapt and follow recipes using suitable ingredients
* Understand where ingredients come from (from field to fork)
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| **How can I extend this learning?** |
| Be able to proportion and scale ingredients to adapt a recipe.Investigate key nutrients in greater depth.Use shopping as an investigation task – product availability/season produce, packaging, provenance, weight. |