**Relationships and Sex Education Curriculum**

**2023-24**

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| **Year 5** | **Year 6** | **Year 7** | **Year 8** |
| Time To Change | Puberty recap | Puberty and emotional changes | Relationship values |
| Menstruation and Wet Dreams | Puberty: Change and becoming independent | Menstrual wellbeing | Influences on Relationship Expectations |
| Personal hygiene | Positive, healthy relationships | Healthy and unhealthy relationships | Sexual Orientation and Gender Identity |
| Emotions and feelings | How a baby is made | Managing conflict | Consent – avoiding assumptions |
| FGM KS2  | Consent KS2 | Introduction to consent KS3 | Sexting |
| Boys Talk/Girls Talk on puberty |  | Body image | Pornography, Sexting and the Law |
|  |  | FGM KS3 | Contraception/STI’s |